



SIBELCO
UK

SIBELCO Cornwood 10K Challenge and Fun Run Entry Form

UKA LICENCE #: 2018-31553
STATEMENT OF COURSE MEASUREMENT No. 16/149

Saturday 28th July 2018 – 6.30pm start

Registration from 4.30pm (until 6.15pm)

10km run around Cornwood and Lutton, mostly on roads but with some tracks and fields.
Minimum age 16yrs. Held under UKA Rules.

4km Fun Run (or walk) for Under 16's, families or those just wanting fewer hills than the 10K event!

Both Events start and finish at Cornwood Square.

Entry registration by post to include fees shown below, or £2 extra on race day.

Free entry in draw for **Brittany Ferries** voucher for all pre-race day entries.

Race limit: 300 runners

Medals for all runners, team prizes, fancy dress prize, £50 prize for breaking course records.

Refreshment, baggage and changing facilities available.

The race organisers strongly advise against runners wearing headphones during the race for their own safety. Runners will not be prevented from running with them, but do so at their own risk.

Children under the age of 11 yrs on the day must be accompanied by a designated paying adult

ENTRIES TO: Roger Norrish, Sherrell Farm, Ivybridge, Devon PL21 9HU

or enter online at www.runbritain.com

Note: If an SAE is not received or additional postage is required, your race number will be available for collection on race day

www.cornwoodchurch.com

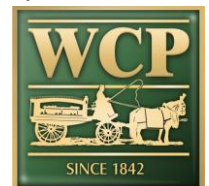
RACE SPONSORS:



NIC COSTIFF
PHYSIO & REHAB



ERMINGTON
ROAD
MOTORS



SURNAME.....FIRST NAME.....

ADDRESS.....

.....POST CODE.....

DATE OF BIRTH..... AGE ON RACEDAY.....

TELEPHONE NUMBER..... MALE/FEMALE.....

AFFILIATED CLUB (not required for Fun Run).....

England Athletics Competition Licence No (not required for Fun Run).....

Please tick: 10K Race Entry fee: £10 Reduced entry fee for EA licensed competitors: £8

Fun Run Entry fee: Under 16: £3 16 and over: £4

I ENCLOSE A CHEQUE FOR £..... (PAYABLE TO: Cornwood Church PCC Special Events) WITH LARGE SAE

Signed.....Date.....
(parent or guardian if under 16)

I declare that I will abide by the rules of UK Athletics, I am over 16 (10K Race only) and agree that the organisers will not be liable for injury, illness, damage, action claim or expenses which may arise in the consequences of this event. I declare that I will not compete in this event unless I am in good health on race day and I compete at my own risk. I also agree for any photographs taken of the race to be used on the Cornwood Church website (www.cornwoodchurch.com).

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