

Position	Name	Time	Team
1	Jim Cole	0:34:32	
2	William Battershill	0:35:28	Erme Valley Harriers
3	Peter Monaghan	0:35:49	Torbay AC
4	Lee Turner	0:35:56	Torbay AC
5	Allister Bristow	0:36:36	Erme Valley Harriers
6	Michael Lesniak	0:37:22	South West Road Runners
7	Jacobo Perez	0:39:22	
8	Hamish Gallacher	0:39:31	
9	Naomi Flanagan	0:39:46	South Devon AC
10	Tom Packer	0:40:06	Erme Valley Harriers
11	Richard Maunder	0:40:17	Plymouth Triathlon Club
12	Paul Thomas	0:40:20	South West Road Runners
13	Philip Wainman	0:40:28	Devon & Somerset Fire & Rescue Service
14	Michelle Cowley	0:40:34	South Devon AC
15	Martin French	0:40:36	Plymouth Musketeers
16	Martyn Ellis	0:40:59	Torbay AC
17	Joel Eaton	0:40:59	Instinctive Sports
18	Craig MacLellan	0:41:19	
19	Martyn Breslan	0:41:39	Torbay AC
20	Cleo Perry	0:41:54	
21	Andrew Marshall	0:42:42	Plymouth Harriers
22	Lee Herbert	0:42:49	Plymouth Musketeers
23	Nicholas Downing	0:43:10	
24	Richard Stephens	0:43:12	Erme Valley Harriers
25	Mike Hansen	0:43:20	Erme Valley Harriers
26	Chris Cleave	0:43:31	Teignbridge Trotters
27	Michael Miners	0:43:39	Plymouth Musketeers
28	Ian Langier	0:43:55	Teignbridge Trotters
29	Emma Lake	0:44:03	Erme Valley Harriers
30	Jim Durston	0:44:15	South West Road Runners
31	Richard Roberts	0:44:18	Team Bath Athletics
32	Alex Blomley	0:44:32	
33	Anthony Raine	0:44:36	Torbay AC
34	Hans Thompson	0:44:40	S W Vets
35	Steve Weeks	0:44:44	
36	Paul Watson	0:45:40	
37	Robert Torr	0:45:47	
38	Stephen Loffhouse	0:45:52	Torbay AC
39	Edward Buckingham	0:46:03	Tamar Trotters
40	Benjamin Moorman	0:46:06	
41	Lewis Jones	0:46:19	South West Road Runners
42	Steve Mace	0:46:34	
43	Dean Barret	0:46:42	Tamar Trotters
44	Scott Hunter	0:46:49	South West Road Runners
45	Paul Hitchens	0:46:55	
46	Neil Stabb	0:47:03	
47	Dean Trice	0:47:06	Plymouth Musketeers
48	Steve Bush	0:47:11	Plymouth Musketeers
49	Gary Martin	0:47:12	Plymouth Musketeers
50	Mike Saunders	0:47:20	Plymouth Musketeers
51	Martin Cooper	0:47:23	
52	Scott Allen	0:47:24	
53	Kevin Ostick	0:47:33	
54	Nick Hopcroft	0:47:37	
55	Jack Northmore	0:47:44	
56	Laurence Harris	0:47:45	Erme Valley Harriers
57	Adrian Woodhouse	0:47:48	Erme Valley Harriers
58	Eric Foster	0:48:08	Dawlish Coasters
59	Richard Walters	0:48:23	
60	Robin Bray	0:48:25	Plymouth Harriers
61	Louise Burton	0:48:31	
62	Gary Johns	0:48:32	
63	Michael Bonning	0:48:42	Michelmores RC
64	Andrew Houghton	0:48:46	Tavistock AC
65	Kevin Paull	0:48:51	Erme Valley Harriers
66	Peter Reville	0:48:59	
67	David Lloyd	0:49:01	Erme Valley Harriers
68	Mark Pearson	0:49:02	Plymouth Musketeers
69	Lily Battershill	0:49:06	
70	Vicky Saunders	0:49:27	Plymouth Musketeers
71	Allison Caldwell	0:49:27	Plymouth Musketeers
72	Simon Ayres	0:49:33	
73	Mark Livermore	0:49:51	Erme Valley Harriers
74	Catherine Shortman	0:49:56	
75	Anna King	0:50:11	
76	Michael Hockey	0:50:28	Plymouth Musketeers
77	Damien Le Gal	0:50:29	
78	Dave Gale	0:50:41	
79	Andy Smith	0:50:43	Plymouth Musketeers
80	Richard Lane	0:50:49	Erme Valley Harriers
81	Keiran O'Farrell	0:51:01	
82	Niall Ellison	0:51:08	
83	Lucie Bonney	0:51:21	
84	Sophie Weeks	0:51:32	
85	Miranda Burke	0:51:38	Plymouth Harriers
86	Gareth Logan	0:51:59	
87	Simon Andrew Fewins	0:52:03	
88	Pete Blomley	0:52:08	
89	Rosemary Bonney	0:52:16	
90	Kirsty Ireland	0:52:20	Plymouth Musketeers
91	Christopher Prouse	0:52:20	
92	Richard Harris	0:52:36	
93	Stafford Williams	0:52:49	
94	Michael Woodland	0:53:04	Erme Valley Harriers
95	Dave Pennington	0:53:18	
96	Steve Worth	0:53:21	Erme Valley Harriers
97	Nicola Washbrook	0:53:22	South Devon AC
98	Luke Lavers	0:53:38	Tamar Trotters
99	Mark Bolton	0:53:46	
100	Mark Bettey	0:53:49	
101	Emily Eaton	0:53:53	Instinctive Sports
102	Mark Colmer	0:53:54	
103	Paul Williams	0:53:56	Plymouth Musketeers
104	Neil Demuth	0:54:05	
105	Stephen Harris	0:54:11	Erme Valley Harriers
106	Linda Bracher	0:54:14	Erme Valley Harriers
107	Dan Joynes	0:54:28	
108	Steven Badge	0:54:41	Tamar Trotters
109	Rachel Scott	0:54:47	Plymouth Musketeers
110	Janet Foster	0:54:51	Dawlish Coasters
111	Petroc Brown	0:55:07	
112	Alan McKeever	0:55:09	Instinctive Sports
113	Sarah Horton	0:55:23	Plymouth Coasters
114	Kirsten Nosworthy	0:55:23	Plymouth Coasters
115	James Newman	0:55:26	Plymouth Musketeers

Position	Name	Time	Team
116	Katie Walker	0:55:27	
117	David Elder	0:55:33	
118	Brennan Drewitt	0:55:34	
119	Adam Rush	0:55:35	Plymouth Musketeers
120	Jim Andrews	0:55:36	Plymouth Musketeers
121	Claire Squires	0:55:37	Plymouth Musketeers
122	Craig Smith	0:55:38	Plymouth Coasters
123	Jess Low	0:55:44	
124	Tessa Blakemore	0:55:45	
125	Shane Illes-Wright	0:55:46	
126	Hannah Walters	0:55:47	
127	Steve Pignell	0:55:54	
128	Stephen Yeadon	0:55:55	
129	Andrew Proudfoot	0:55:59	Plymouth Coasters
130	Steven Rowe	0:56:00	Torbay AC
131	Nicole Balmer	0:56:01	Plymouth Musketeers
132	Sarah Welsh	0:56:02	
133	James Wells	0:56:47	
134	Gemma Brice	0:56:48	
135	Paul Smith	0:56:57	Plymouth Coasters
136	Kate Rogers	0:56:59	Tavistock AC
137	Paul Kennells	0:57:04	Instinctive Sports
138	Carol Hansen	0:57:06	Erme Valley Harriers
139	David Salvage	0:57:39	Tamar Trotters
140	Helen Roberts	0:57:43	Tamar Trotters
141	Samantha Martin	0:57:45	
142	Julia Proudfoot	0:57:51	Plymouth Coasters
143	Nicki Chapman	0:57:51	
144	Nicola Munday	0:57:58	Plymouth Musketeers
145	Carol Carlson	0:57:58	
146	Wes Hemstead	0:58:00	
147	Becci Edwards	0:58:02	
148	Anne Marshall	0:58:08	Plymouth Harriers
149	Barry Williams	0:58:16	Plymouth Coasters
150	Donna Burke	0:58:17	Plymouth Musketeers
151	Sally Ingleden	0:58:21	Teignbridge Trotters
152	Lance Mason	0:58:21	Teignbridge Trotters
153	Helena Costliff	0:58:22	
154	Liz Wells	0:58:32	
155	Naomi Walters	0:58:39	
156	Denise Betty	0:58:54	Instinctive Sports
157	Maggie Lewis	0:59:06	Plymouth Musketeers
158	Cheryl Hoare	0:59:31	
159	Ilke Hatter	0:59:38	
160	Louise Steele	0:59:57	
161	Bridgitte Worth	1:00:18	Erme Valley Harriers
162	Matthew Hussey	1:00:23	
163	Bryan King	1:00:31	Plymouth Musketeers
164	Victoria Sanders	1:00:34	
165	Phillip Lee	1:00:40	
166	Natalie Cook	1:00:42	
167	Louise King	1:00:46	Plymouth Musketeers
168	Darren Dunridge	1:00:46	Plymouth Musketeers
169	Lesley Hitchen	1:00:55	Plymouth Musketeers
170	David Blakemore	1:01:34	
171	Graham Penn	1:02:00	Teignbridge Trotters
172	Ann Torr	1:03:02	
173	Karon Yeoman	1:03:21	
174	Nicola Pennington	1:04:02	
175	Martin Smith	1:04:14	Plymouth Musketeers
176	Neil Hendy	1:04:14	Plymouth Harriers
177	Natasha Ayres	1:04:33	Bere Alston Trekkers
178	Laura Coyle	1:04:37	
179	Alban Oliver	1:04:49	
180	Hannah Tod	1:05:31	
181	Elayne Rouse	1:05:35	
182	Karen Varley	1:05:50	
183	Ray Palmer	1:05:51	
184	Alan Penn	1:07:14	
185	Erica Tarr	1:07:53	Plymouth Musketeers
186	Sharon Adams	1:07:55	Plymouth Musketeers
187	Hannah Dyson	1:08:06	
188	Helen Lakeman	1:08:55	
189	Nicola Pugh	1:09:03	
190	Claire Verran	1:10:56	
191	Charlie Brown	1:11:03	
192	Emma Buley	1:11:37	Tamar Trotters
193	Sarah Tippett	1:11:52	
194	Suzanne Price	1:11:52	
195	Rhian Jones	1:11:56	
196	Robert Broom	1:13:59	
197	Nicola Broom	1:14:19	
198	Chris Savery	1:16:15	
199	Leanne O'Neill	1:17:28	
200	Vicki Collins	1:17:28	Striders of Croydon
201	Nicky Hobbs	1:18:12	
202	Lai-Yin Wong	1:19:06	Plymouth Harriers
203	Trudi Rowe	1:19:06	Plymouth Coasters
204	Susan Birshall	1:19:06	