

Cornwood 10K Challenge Results 2013

| Position | Name | Time | Team |
|----------|-------------------------|---------|--------------------------------------|
| 1 | Peter Monaghan | 0:36:05 | Torbay AC |
| 2 | Allister Bristow | 0:36:24 | Erme Valley Harriers |
| 3 | Jake Hughes | 0:37:10 | Bracknell AC |
| 4 | Ben Trigg | 0:38:04 | Erme Valley Harriers |
| 5 | Philip Wainman | 0:38:26 | |
| 6 | Daryl "Tarquin" Milford | 0:38:45 | Teignbridge Trotters |
| 7 | Michael Northey | 0:38:58 | Plymouth Harriers |
| 8 | Matthew Brown | 0:40:03 | Erme Valley Harriers |
| 9 | Ewan Lake | 0:40:35 | Erme Valley Harriers |
| 10 | Simon Swift | 0:40:54 | Erme Valley Harriers |
| 11 | Emma Lake | 0:41:40 | Erme Valley Harriers |
| 12 | Alan Landricombe | 0:41:42 | |
| 13 | Nick Bristow | 0:41:46 | |
| 14 | Cleo Andrews | 0:41:56 | Erme Valley Harriers |
| 15 | Mike Hansen | 0:42:15 | Erme Valley Harriers |
| 16 | Paddy Trinder | 0:42:22 | Erme Valley Harriers |
| 17 | Alan Boone | 0:42:29 | Teignbridge Trotters |
| 18 | Simon French | 0:42:44 | |
| 19 | Ashley Wilkinson | 0:43:05 | |
| 20 | Chris Seavell | 0:43:39 | British Triathlon Club |
| 21 | Gary Minto | 0:43:42 | |
| 22 | Tim Rundell | 0:43:50 | Instinctive Sports |
| 23 | Hans Thompson | 0:44:22 | |
| 24 | Terry Knights | 0:44:35 | |
| 25 | Josh Clements | 0:44:48 | |
| 26 | Jaine Swift | 0:44:59 | Erme Valley Harriers |
| 27 | Bill Donaldson | 0:45:05 | University of Bristol Athletics Club |
| 28 | Travis Wood | 0:45:08 | Teignbridge Trotters |
| 29 | Sean Morris | 0:45:11 | Tamar Trotters |
| 30 | Craig MacAlpine | 0:45:14 | Erme Valley Harriers |
| 31 | Warren Moyse | 0:45:17 | Plymstock Road Runners |
| 32 | Nick Cork | 0:46:05 | |
| 33 | David Oliver | 0:46:12 | Plymstock Road Runners |
| 34 | Bev Dowrick | 0:46:12 | Plymstock Road Runners |
| 35 | Sarah Owen | 0:46:17 | Erme Valley Harriers |
| 36 | Bonny Collingborn | 0:46:42 | |
| 37 | Ken Kingston | 0:46:43 | Plymouth Musketeers |
| 38 | Simon Denham | 0:46:47 | |
| 39 | Gary Caunter | 0:47:08 | Teignbridge Trotters |
| 40 | Freya Carlson | 0:47:11 | |
| 41 | Nigel Frampton | 0:47:14 | |
| 42 | Mike Saunders | 0:48:17 | Plymouth Musketeers |
| 43 | John Woolven-Allen | 0:48:17 | Plymstock Road Runners |
| 44 | Angie Brothers | 0:48:30 | Plymstock Road Runners |
| 45 | Kevin Paull | 0:48:47 | Erme Valley Harriers |
| 46 | Craig Wensley | 0:48:57 | |
| 47 | Michael Bonning | 0:48:59 | Michelmores RC |
| 48 | Eric Foster | 0:49:06 | Dawlish Coasters |
| 49 | Rosie Jewell | 0:49:13 | |
| 50 | Paul Paskins | 0:49:15 | Plymouth Harriers |
| 51 | Kirsty Ireland | 0:49:22 | |
| 52 | Fred Jenkins | 0:49:38 | Instinctive Sports |
| 53 | Simon Bradbury | 0:50:05 | |
| 54 | Matthew Gammin | 0:50:08 | |
| 55 | William Potter | 0:50:28 | |
| 56 | Stephen Watson | 0:50:58 | Erme Valley Harriers |
| 57 | Alan Donaldson | 0:50:58 | |

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|----------|------------------------|---------|-------------------------|
| 58 | Paul Whittington | 0:51:24 | |
| 59 | Caitlin Bonning | 0:51:25 | |
| 60 | Steve Bettey | 0:51:45 | Instinctive Sports |
| 61 | Sam Donaldson | 0:51:53 | |
| 62 | Courtenay Mitchell | 0:51:55 | |
| 63 | Steve Bree | 0:51:57 | |
| 64 | Martyn West | 0:52:09 | |
| 65 | Michael Woodland | 0:52:19 | Erme Valley Harriers |
| 66 | Nic Costiff | 0:52:23 | |
| 67 | Helen Jordan | 0:53:14 | |
| 68 | Adrian Woodhouse | 0:53:18 | |
| 69 | Andrew Proudfoot | 0:53:20 | Plymouth Coasters |
| 70 | Bryan King | 0:53:24 | Plymouth Musketeers |
| 71 | Darren Dunridge | 0:53:32 | Plymouth Musketeers |
| 72 | Phil Greenwood | 0:53:35 | |
| 73 | David Matthews | 0:53:35 | Instinctive Sports |
| 74 | Owen Latimer | 0:53:49 | |
| 75 | Derek Blachford | 0:53:52 | Teignbridge Trotters |
| 76 | Kane Hogan | 0:54:04 | |
| 77 | Philip Landricombe | 0:54:05 | |
| 78 | Simon Holder | 0:54:06 | Plymouth Striders |
| 79 | Laura Aspen | 0:54:26 | |
| 80 | Victoria Cottell | 0:54:56 | |
| 81 | Matthew Rose | 0:55:01 | |
| 82 | Ruth Johnson | 0:55:13 | Teignbridge Trotters |
| 83 | Jessica Low | 0:55:18 | |
| 84 | Claire Jones | 0:55:33 | |
| 85 | Ben Horswell | 0:55:36 | |
| 86 | Dan Joynes | 0:55:44 | |
| 87 | Andrea Butterworth | 0:55:48 | Plymouth Musketeers |
| 88 | Sarah Kenyon | 0:55:51 | |
| 89 | Steve Harris | 0:55:55 | |
| 90 | Jonathan Atkins | 0:55:59 | |
| 91 | Lucy Payne | 0:56:03 | Teignbridge Trotters |
| 92 | Carol Hansen | 0:56:19 | Erme Valley Harriers |
| 93 | Clare Featherstone | 0:56:20 | Plymstock Road Runners |
| 94 | Tracy Corby | 0:56:21 | |
| 95 | Richard Lane | 0:56:36 | |
| 96 | Rebecca Whittington | 0:56:53 | |
| 97 | Michael Rutkowski | 0:57:04 | |
| 98 | Rod Payne | 0:57:09 | Teignbridge Trotters |
| 99 | Danielle Fulford-Brown | 0:57:10 | Okehampton Running Club |
| 100 | Penny Larrieu-Price | 0:57:54 | |
| 101 | Leigh Fenwick | 0:57:57 | |
| 102 | Jo Billyard | 0:58:32 | Teignbridge Trotters |
| 103 | Denise Bettey | 0:58:37 | |
| 104 | Chris Fulford-Brown | 0:59:02 | Okehampton Running Club |
| 105 | Hayley Brown | 0:59:04 | |
| 106 | Terry Keen | 0:59:06 | |
| 107 | Jane Rea | 0:59:13 | |
| 108 | Tanya Alexander | 0:59:19 | |
| 109 | David Vigg | 0:59:21 | |
| 110 | Liz Wells | 0:59:30 | |
| 111 | James Wells | 0:59:31 | |
| 112 | Paul Cooms | 0:59:36 | |
| 113 | Rachel Cannon | 0:59:41 | |
| 114 | Kerry Ogle | 0:59:46 | |

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| Position | Name | Time | Team |
|----------|-----------------------|---------|----------------------|
| 115 | Judith Ansell | 0:59:47 | |
| 116 | Paul Capstack | 0:59:49 | |
| 117 | Carol Carlson | 1:00:19 | |
| 118 | Paul Jennings | 1:00:32 | |
| 119 | George Felwick | 1:00:36 | Instinctive Sports |
| 120 | Jason Mulligan | 1:00:51 | |
| 121 | Anna Bush | 1:00:59 | |
| 122 | Emily Payne | 1:01:22 | |
| 123 | Stephen Potter | 1:01:29 | |
| 124 | Brenda Thorne | 1:01:34 | Instinctive Sports |
| 125 | Julia Proudfoot | 1:02:17 | Plymouth Coasters |
| 126 | Kelly Hart | 1:02:20 | Plymouth Musketeers |
| 127 | Sharon Adams | 1:02:21 | Plymouth Musketeers |
| 128 | Barry Hopper | 1:02:35 | Instinctive Sports |
| 129 | Shane Iles-Wright | 1:02:48 | |
| 130 | Rob Felwick | 1:02:59 | Instinctive Sports |
| 131 | Catherine Barnes | 1:03:19 | Teignbridge Trotters |
| 132 | Karla Court | 1:04:04 | Plymouth Coasters |
| 133 | Dawn Wilson | 1:04:05 | Instinctive Sports |
| 134 | Clive Mitchell | 1:06:33 | |
| 135 | Maria Love-Holmes | 1:06:55 | |
| 136 | Melanie Priston | 1:10:48 | |
| 137 | Jo Webb | 1:10:48 | |
| 138 | Heidi Dawe | 1:10:52 | |
| 139 | Samantha Mitchell | 1:12:06 | |
| 140 | Steve 'Superman' Neal | 1:26:32 | |
| RETIRED | Andrew Trigg | | Erme Valley Harriers |
| RETIRED | Louise Burton | | |